

ANNEX 2020 Annual Report



ANNEX
TEEN CLINIC

smart
about sex

Mission:

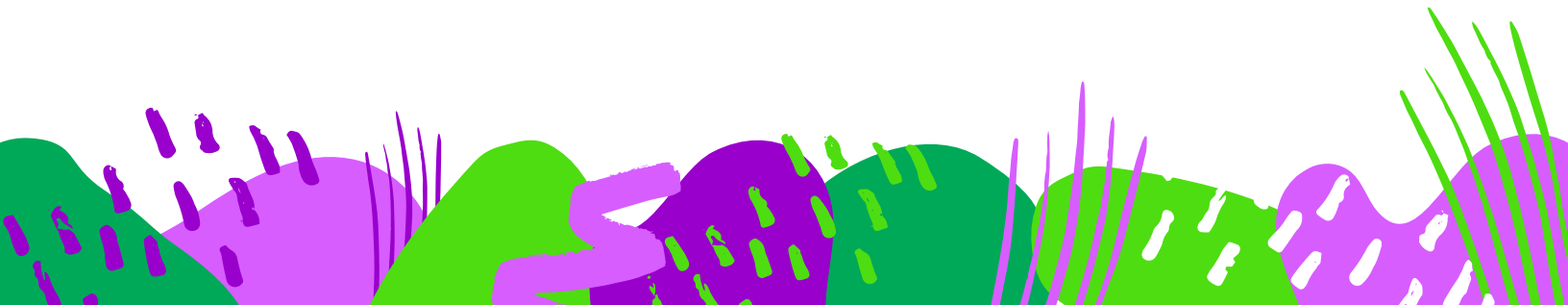
The Annex Teen Clinic helps young people **take charge** of their sexual health by providing **confidential** health services and education.





TABLE OF CONTENTS

- Letter from the Executive Director
- Board of Directors
- Mission in Action
- Patient Demographics
- Financial Report
- Thank You Annex Contributors





Letter from the Executive Director

2020 was a challenging year of major disruptions to young people's lives. The COVID-19 pandemic caused upheavals in access to birth control and amplified attacks on people's ability to freely exercise reproductive choice.

Young people experienced social isolation as they adjusted to distance learning, watched the foundations of our political system be challenged, and experienced the trauma of the murder of George Floyd. As we learn more about the long-lasting impacts of the pandemic, there are fears we may be faced with a secondary public health crisis for years to come, especially as it relates to STI and HIV rates.

As we reflect on a time of upending change, we also acknowledge the ways in which these challenges have always been with us, and the countless people of courage and conviction who have stood up for justice and community. We are amazed by the tremendous leadership, bravery, and vision of young people who are demanding better. We are grateful for the Annex nurses and clinical staff who showed up in person every day to provide care despite the risks of the pandemic. We are grateful to our educators who facilitated youth leadership councils, provided one-to-one mentorship, and inclusive education at a time when young people needed access to caring adults most. We are grateful for our donors, supporters, and the philanthropic community who provided new levels of financial support that helped keep our doors open.

As we look to the future, we know that it will take all of us working together as partners, innovators, and champions to keep the Annex strong and ensure young people have the resources and tools they need to take charge of their sexual health. Thank you for your commitment and support.

Brian Russ
Executive Director

Board of Directors

Jocelyn Beard

Board Chair | Tubman

Jessica Jerney

Secretary | Ramsey County
Public Health

Barry Schade

Treasurer | Retired

Martha Pakan

Retired

Sandy Naughton

HealthStart

Annie-Laurie McRee

University of Minnesota

Jen Tregarthen

Lockton Companies

Scott Dyer

Retired Physician

Sarah Sillers

YMCA



Director's Team

Brian Russ

Executive Director

Andre Le Blanc

Director of Clinical
Services & Operations

Ellen Saliaries

Director of Sexuality
Education

Holly Leppanen

Director of Development
& Communications

“ I have a family here. They know me by name. I feel safe here. I have never once felt judged. ”



Mission In Action

The Annex Teen Clinic's mission is to help young people take charge of their sexual health by providing confidential health services and education.

Here's how Annex Educators and Healthcare Providers have been a catalyst for creating a community where all young people have the resources and support they need to successfully make the transition from adolescence to adulthood.



Accessing Medical Services



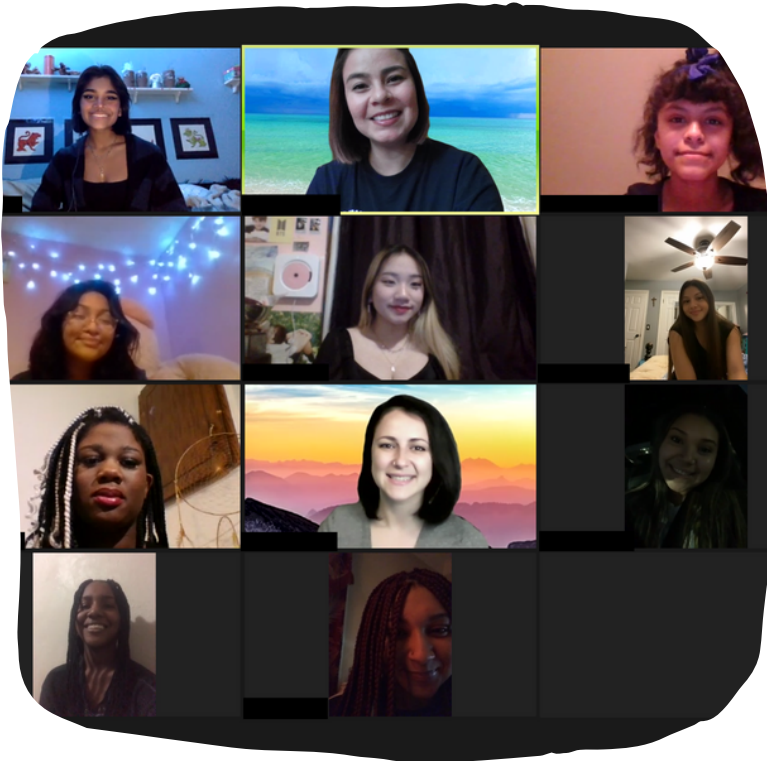
In response to the stay at home order, our clinic staff worked tirelessly to develop new means of providing services safely and in line with COVID-19 guidelines. By implementing new telemedicine practices and offering online paperwork, the clinic never had to close its doors or cease providing

necessary services to young people. In addition to expanding the ways in which we provide young people with birth control and health services, we also expanded our relationships with other healthcare organizations. In this past year we fostered new connections and started collaborations with other community clinics as all health partners adapted to the evolving needs of the community.

Mission In Action

Virtual Learning

In 2020, both our students and our educators had to find new and inventive ways of connecting and learning. To adapt to the needs of the students and the formatting requirements of the schools, our educators created short-form prerecorded video lessons from their homes, so students would be able to learn about sexual health at their own pace. The educators all experimented with new means of collaborating and community building:



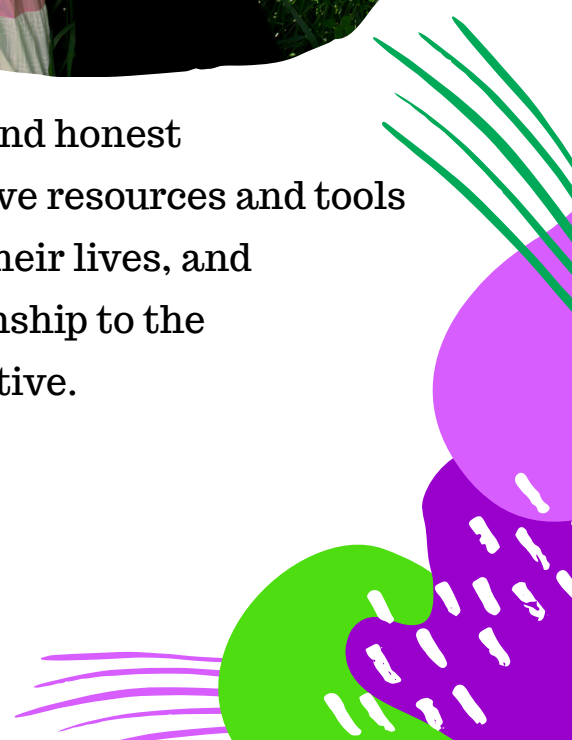
starting virtual chat times and lunch groups, and using Slack and Teams to work on projects simultaneously. One advantage of everything being moved online was that our educators were able to access professional development lessons from experts located all across the country in real time, expanding their knowledge and teaching capabilities in ways that had not

previously been possible. As our educators tried out their new skills we saw an increase in attendance to our Youth Leadership Councils. Students noted that barriers such as transportation or conflicts with babysitting were no longer an issue in this new virtual setting, and the YLCs provided students the opportunity to connect with their peers, something that became invaluable as they continued to attend class from home.

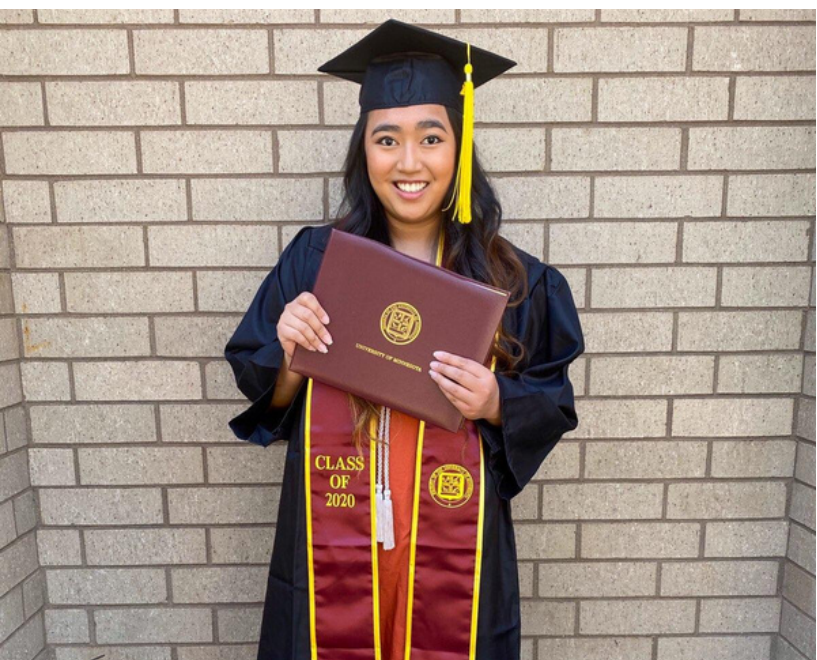
Mission In Action

Parent Education

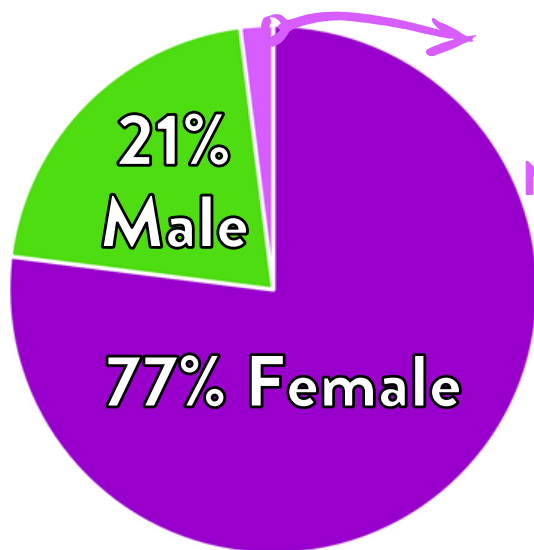
With the transition to online work and meetings, the Annex Teen Clinic's parent education services were open and accessible to the community on a scale previously unimagined. The Annex collaborated with Hennepin County Health Care to create Between Us, a series of lessons and talks around sexual health and youth development for parents and guardians. For the first time in the Annex's history, we were able to provide education services in both English and Spanish, and this development and the new online formatting allowed for a record number of parents to attend the sessions. After the murder of George Floyd, the Annex also released new programming specifically for BIPOC parents and white parents to have courageous conversations about race. This new programming allowed parents to have open and honest conversations rooted in their lived experience, gave resources and tools so they could better support the young people in their lives, and provided space for parents to look at their relationship to the community and their children with a new perspective.



“ I went to the Annex for testing during a really scary time in my life. It was great to have a resource that I could access confidentially. While I was there, I also got some really valuable counseling. Thanks for being there!”

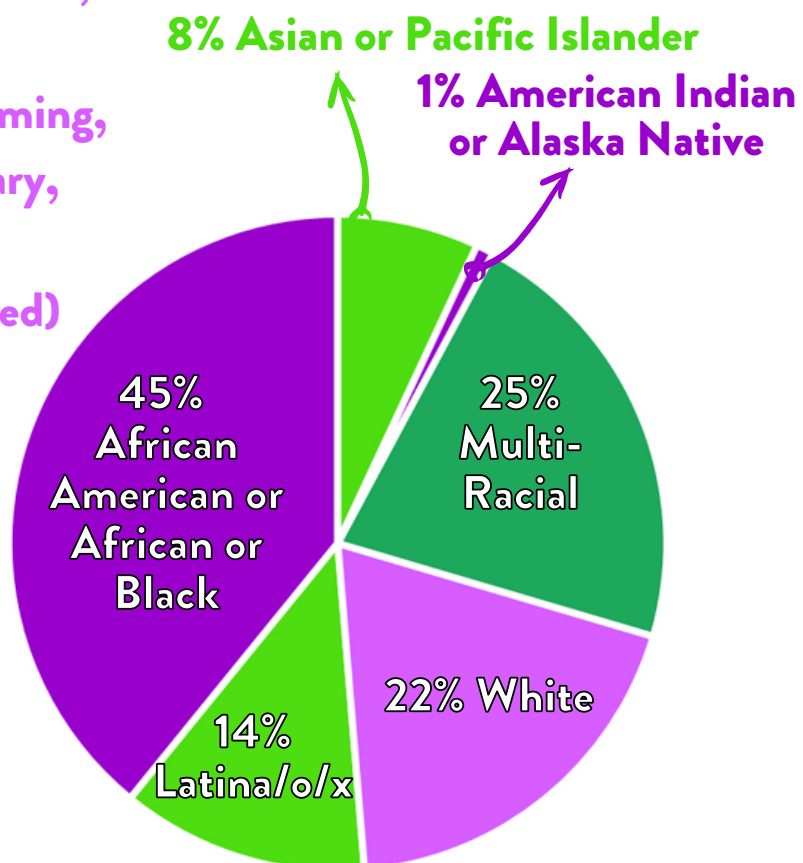


Patient Demographics

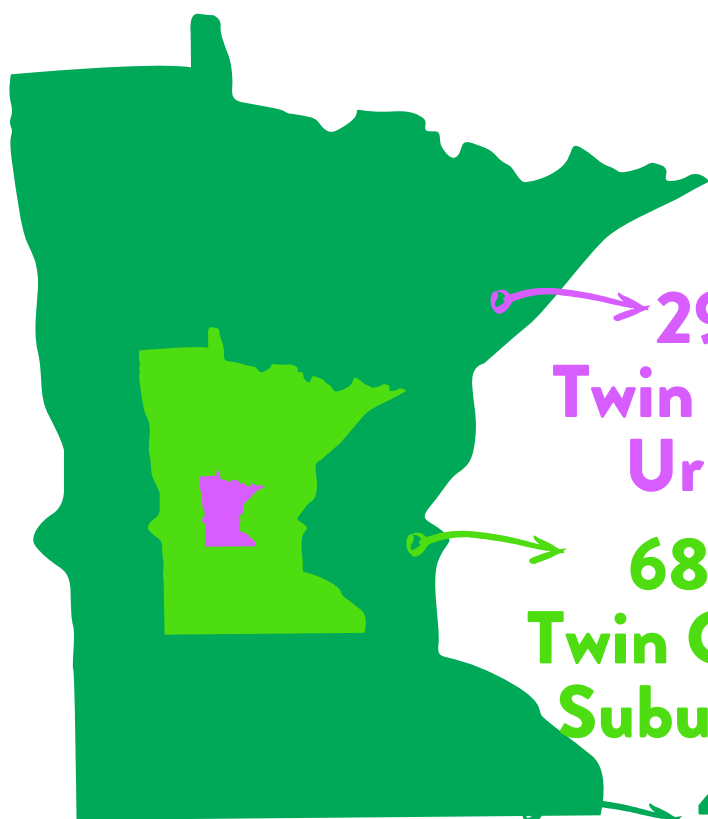


Gender Identity

2% Transgender,
Gender
Non-Conforming,
Non-Binary,
Other
(undisclosed)



Race/Ethnicity

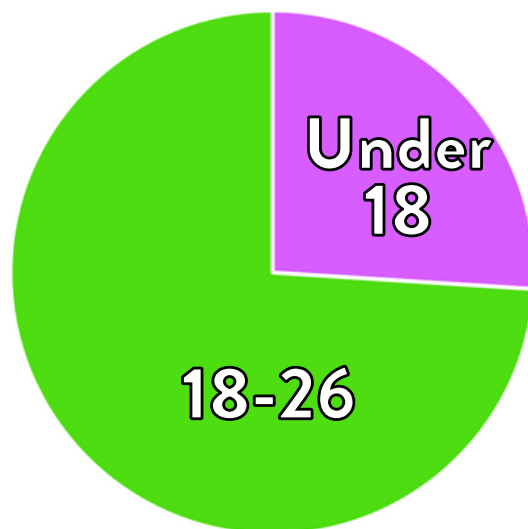


Location

29%
Twin Cities
Urban

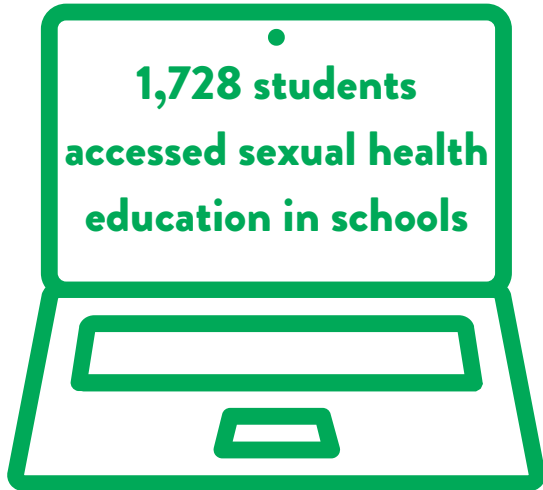
68%
Twin Cities
Suburban

4%
Greater
Minnesota



Age

Patient Demographics



92% of patients
were low income



1,697 patients accessed
healthcare services

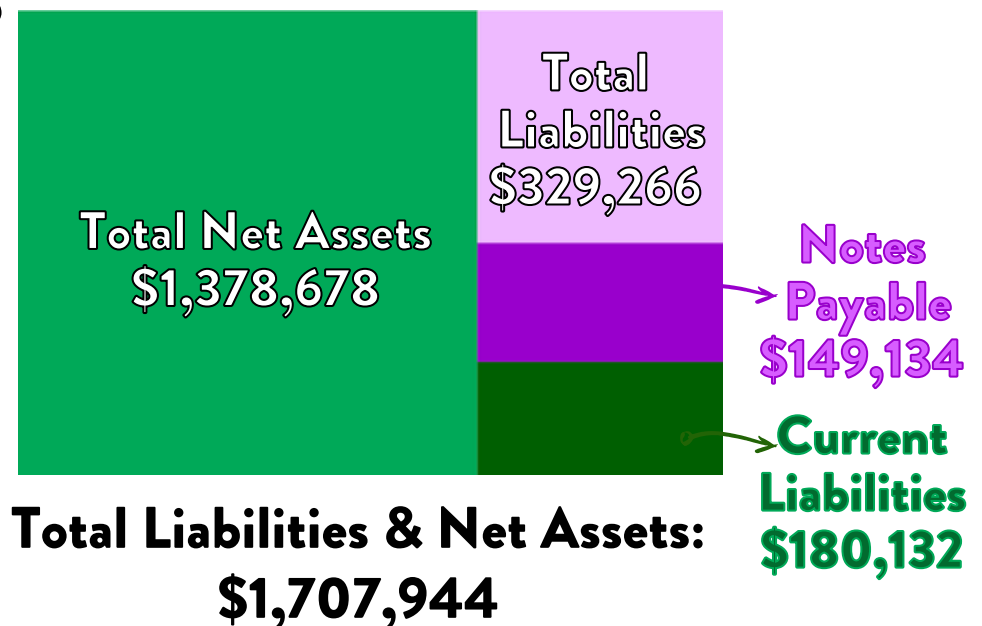
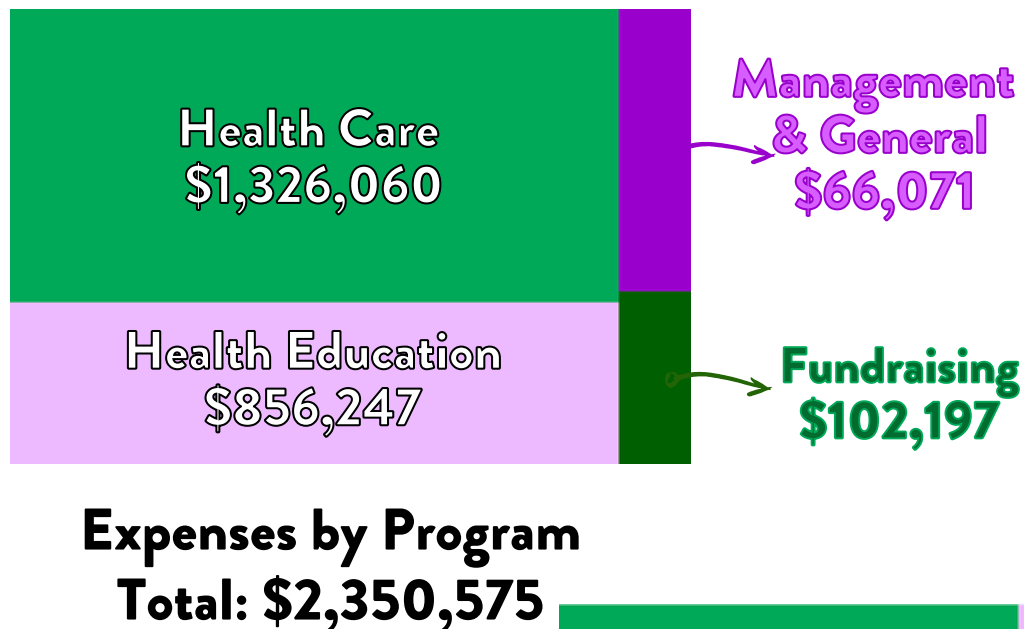
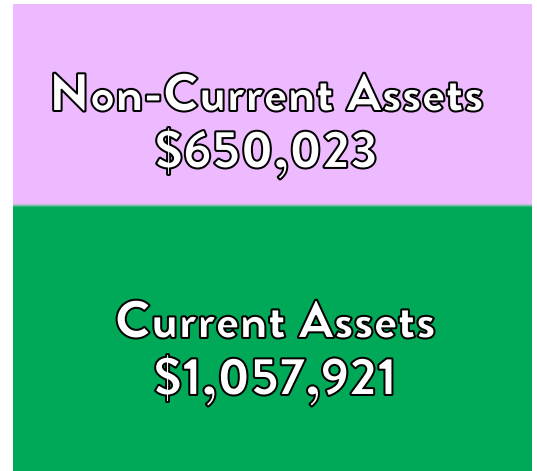
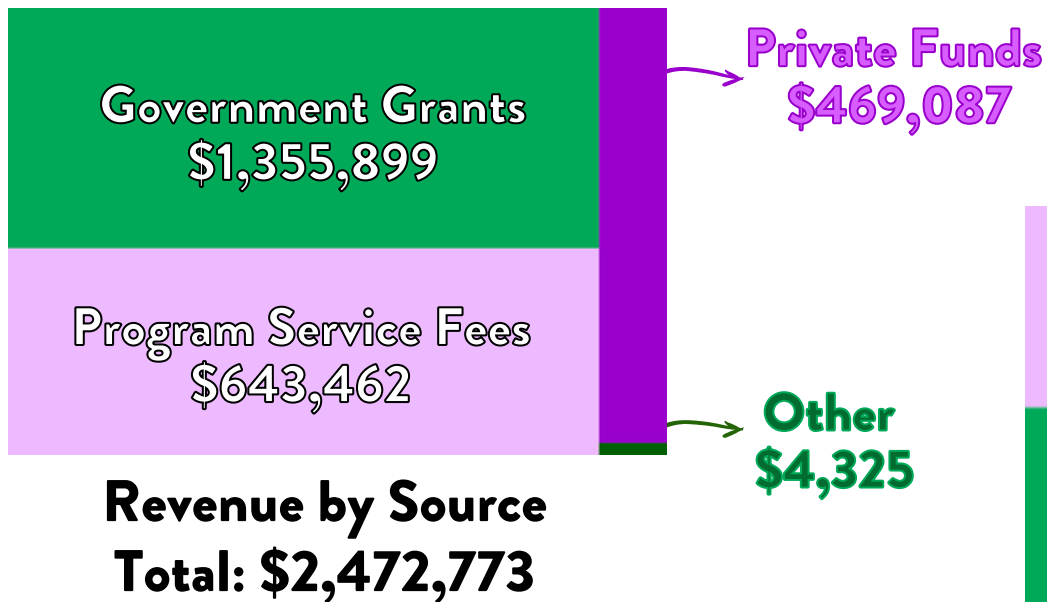


102 caregivers and 118
professionals accessed health
education



20% of patients
identified as LGBTQ+

Financial Report



Thank You Annex Contributors

