



2023

# ANNEX TEEN CLINIC

## Annual Report

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**2023 was an exciting year at the Annex Teen Clinic. Our board adopted a new strategic plan which reiterates our commitment to providing inclusive and equitable sexual healthcare and education.**

**It also includes a new mission and vision that acknowledges the holistic needs of youth and the important role adults play in creating more equitable systems of health. We can't wait to work together with you, our community of young people and supporters, to make this a reality.**

### **-The Annex Staff**



# Board of Directors

## **Jocelyn Beard**

Board Chair | Tubman

## **Scott Dyer**

Vice-Chair | Retired

## **Jessica Jerney**

Secretary | Ramsey County

## **Babra Mumia**

Treasurer | Kadiri House

## **Alissa Fountain**

Children's Minnesota

## **Baye Diouf**

Northpoint Health and Wellness

## **Chris Sullivan**

Self Esteem Brands

## **Javiera Monardez Popelka**

Familia Solutions

## **Katie Francis**

University of Minnesota

## **Ryann Freeman**

Hennepin County Attorney's Office





# Director's Team

## **Brian Russ**

Executive Director

## **Molly Berg**

Director of Clinical Services & Operations

## **Khadijah Cooper**

Director of Sexuality Education

## **Holly Leppanen**

Director of Development & Communications



# Letter from the Executive Director



Dear Annex Supporters:

I am excited for the future of the Annex Teen Clinic. Together, we are building the future young people deserve. The Annex remains committed to providing high quality, impactful, and accessible sexual health and education services.

One way we are living this commitment is through the adoption of a new strategic plan in 2023. You will not be surprised to learn our mission remains focused on adolescent and young adult sexual health. We've been focused on that for 53 years! What is particularly inspiring about this new strategic plan is the way it reflects a holistic approach to adolescent sexual health and the role equity and young people play in how we fulfill our mission.

The foundation of any meaningful strategic plan is the values that inform the day-to-day operations. We return to our values when times are challenging, when we face tough decisions, or allocate scarce resources. The values that will guide the Annex for the next few years are Whole Sexual Health; Youth Leadership and Voice; Racial Equity; Authenticity; Access; Transformational Action; and Healing-Centered and Compassionate Care. I'm excited for you to learn more about how we define these values and what they mean for the work of the Annex throughout this report. You will see why I'm so excited about our future.

Finally, we made significant strides in 2023 to strengthen our financial foundation to assure we can translate our strategic plan into meaningful support for the young people we serve. One key to this financial foundation is the support of individual donors like you. Your financial support is making it possible for the Annex to help young people take charge of their whole health by providing equitable, accessible, and confidential sexual health services and education.

Thank you for living your values through supporting the Annex Teen Clinic. Together we are making our little corner of the world a better place for young people.

Thank you,

A handwritten signature in white ink that reads "Brian Russ". The signature is fluid and cursive, with a large initial "B" and "R".

Brian Russ, Executive Director



# Adopting a New Strategic Plan



**Mission: The Annex helps young people take charge of their whole health by providing equitable, accessible, and confidential sexual health services and education.**

**Vision: The Annex will create a community where all youth have the information, resources, and support they need to thrive and where adults believe sexuality is a healthy component to young people's wellness.**



# Our Values

## **Whole Sexual Health:**

Healthy sexuality encompasses a person's whole health including mental, physical, and emotional well-being. We co-create a community where everyone has the resources they need to thrive, diverse and intersectional identities are centered and celebrated, and systems support young people's ability to take charge of their sexual health.

## **Youth Leadership & Voice:**

Young people's voices are heard at the Annex. Our providers value bodily autonomy, personal perspectives, and cultural and community knowledge to ensure young people get the sexual healthcare they deserve.

## **Racial Equity:**

Sexual and reproductive health cannot exist without racial and social justice. People of Color— especially youth, women and trans People of Color— experience barriers to healthcare access that the Annex aims to remove.

## **Authenticity:**

To have courageous conversations we must create a safe and welcoming space where everyone— youth, staff, board, and community partners included— can show up as their authentic selves.

## **Access:**

The Annex builds trust by honoring community knowledge and the lived experiences of young people. Our services are safe and identity affirming for all. We aim to remove financial, geographic, cultural, and other barriers to access through creative partnerships and other innovative efforts.

## **Transformational Action:**

It takes courageous communities to transform systems. We shift power dynamics to center young people's self-identified needs and encourage policy makers, community leaders, parents, and caregivers to competently and comfortably talk about young people's sexuality.

## **Healing-Centered & Compassionate Care:**

We are a space for healing, justice, and compassion. We acknowledge healing as a process not an endpoint and understand compassionate sexual health care as a core component to that journey.



# Values in Action

The Annex put our values into action in many ways throughout 2023.

- We expanded our ability to meet young people where they are through developing new programming that addresses the youth mental health crisis.
- We advanced racial equity by designing and piloting a new Professional Development Training series that helps youth-serving professionals learn about Reproductive Justice principles, intersectionality, and how to speak up for equity in our own organizations.
- We expanded healthcare access by bringing mobile clinic services to community settings.
- We ensured no young person was ever turned away for inability to pay.
- We raised awareness about the incredible care available at the Annex through our Virtual Clinic Tour.
- We launched an in-house MNsure Navigation program.

Of all these initiatives and accomplishments, what we remain most proud of is our continued ability to listen deeply and authentically partner with youth. We take anonymous feedback at the end of every clinic visit and this input from young people fuels and guides our work every day. Hear directly from young people about what the Annex means to them in the quotes shared throughout this report.



# Hear From Young People



**"From the nurses to the receptionists and technicians everyone here is so kind and friendly and really goes above and beyond."**

**"I have been coming here for years and I prefer it to big box clinics. I like that they are so accepting of the LGBTQ community."**





# Hear From Young People



**"Everyone genuinely cares and hears you out. I've never felt weird or judged here."**

**"I did a walk in and with ease was given an appointment and taken great care of. They make you feel like family at the Annex."**



# The Year in Numbers

**7,325**

**people received  
information  
from Annex  
staff at outreach  
events**

**4,853**

**young people  
participated in  
sexual health  
education**

**1,672**

**young people  
accessed  
healthcare  
services**

**368**

**caregivers and  
professionals  
completed  
educational  
workshops**

# The Year in Numbers

**100%**  
of patients  
would  
recommend the  
Annex to a  
friend

**86%**  
of patients  
were low  
income

**45%**  
of patients  
visited based on  
a referral from a  
community  
member

**29%**  
of patients had  
no medical  
insurance



# Annex Programs Make an Impact

## Advance Reproductive Justice

97% of professionals agreed Annex helped them understand systemic power, privilege, and identity

## Promote Bodily Autonomy

92% of patients agreed Annex staff respected their choices about their sexual health

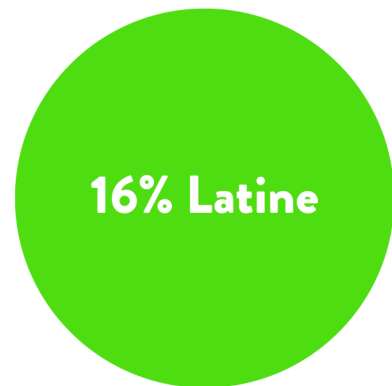
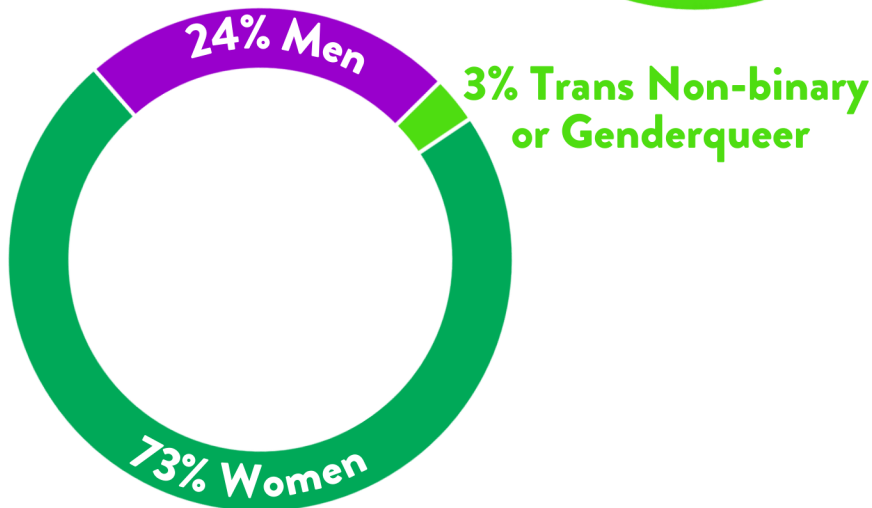
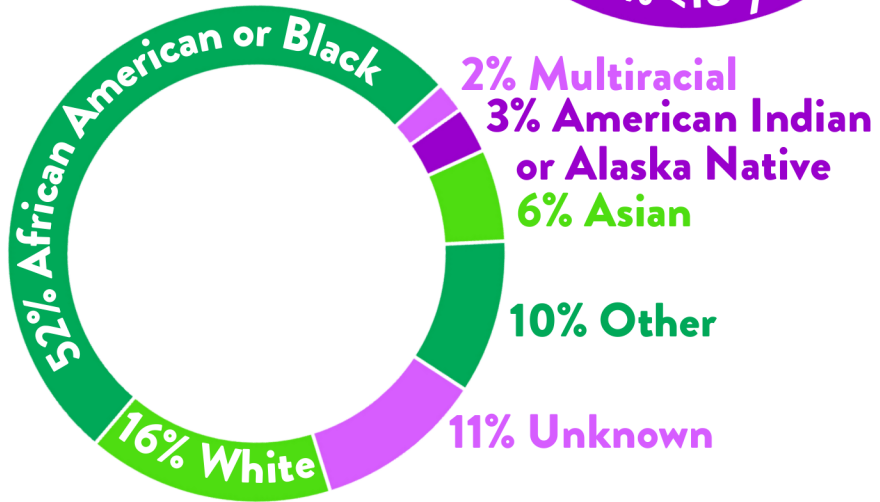
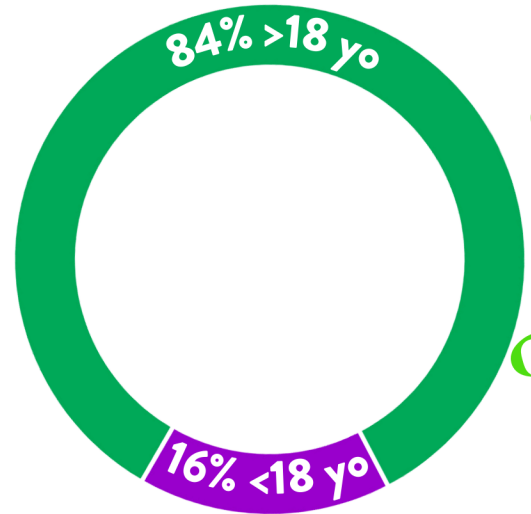
## Break Down Barriers to Care

86% of patients had no out of pocket costs for their healthcare

## Empower Youth

25 Annex Youth Leaders advanced systems change projects at their school

# Patient Demographics



# Thank You Annex Supporters

**"Everything here at the Annex was amazing. The process is so sleek and easy going. I appreciate everyone's hard work."**

**"The Annex staff make this place an open and safe place to talk about healthy sex and help me understand without having to feel guilty or embarrassed."**

**"Everyone was great, thank you. I've been going to the Annex for around a decade now and it only gets better, I'll miss the ease of this place after turning 26."**

**"Thank you for all that you do. The Annex is lifesaving. Actually lifesaving."**





# Thank You Annex Supporters

We couldn't do our work without you! We are grateful for the hundreds of individuals, foundations, and businesses that stepped forward in 2023 to help us build the future young people deserve. While the list below is not exhaustive of everyone who gave their time, talents, and financial support, we wanted to take a moment to recognize a few of the people and organizations that made an impact this year.

## Annex Champions

Annex Champions are amongst our most generous and engaged supporters. Thank you everyone who gave \$1,000 or more and/or volunteered 50+ hours in 2023.

Alex & Christina Clark

Alissa Fountain

Allison & Peter West

Anne & Jim Long

Annie-Laurie McRee

Anonymous

Anonymous

Anonymous

Babra Mumia

Bonnie Russ

Chris Schueler Sullivan

Emma Puklich

Frank Babka

Heather & Mike Rogers

Javiera Monardez Popelka and Fernando Severino

Jennifer & John Griffin-Wiesner

Jessica Jerney

Jocelyn Beard

Kathy Ostroy

Lauren Collison

Matt Swords & Bell Bank Mortgage Pay it Forward

Meg Collins

Michael Resnick & Linda Bearinger

Pam & Brian Russ

Penny & Tom Tesarek

Sarah & Joshua Sillers

Scott Dyer & Barbara Lordi

Sophie Hathaway

Susan Brace-Adkins

Sue Funk & Wood Kidner

Sharon & William Garber

# Thank You Annex Supporters

## Monthly Sustainers

Monthly sustainers make an ongoing commitment that helps the Annex plan for the future and meet young people's needs today. Thank you Monthly Sustainers for donating each month!

Alexandra Plonsky

Alissa Fountain

Amara Andrus

Andrea Engdahl

Anna Landes Benz

Annie-Laurie McRee

Anonymous

Anonymous

Anonymous

Anonymous

Beverly Haeckel

Bonnie Russ

Carolee Lindsey & Darolyn Gray

Carollynn & Blake Bartosh

Chris Schueler Sullivan

Clara Cypull

Elizabeth Corey

Ira & Harriet Reiss

Immaculate Oburu

Javiera Monardez Popelka & Fernando Severino

Jennifer & John Griffin-Wiesner

Jessica Jerney

John Eads

June Theimann

Karen Metty

Kate Lesch

Katie Francis

Katie Gerrish & Nate Lund

Lauren Giammar

Linda & Randy Madson

Mary & Thor Bjork

Melissa Omo

Morgan Rogers

Naomi Lund

Pam & Brian Russ

Randy Schumacher & Tamara Rogers

Richard & Linda Steven

Sandy Naughton

Sarah & Joshua Sillers

Scott Dyer & Barbara Lordi

Sonya Steven

Susan Brace-Adkins

Tara Cantwell

Terri Policy

# Thank You Annex Supporters

## Foundations & Sponsors

The Annex is incredibly grateful for the increasing support of the philanthropic community. You have helped us deepen our work and make our services more accessible to all.

Allina Health Foundation

Archie D & Bertha H Walker Foundation

Carlson Family Foundation

Constellation Fund

George Family Foundation

Galaxie Foundation

H.B. Fuller Company Foundation

Laura Wilson Charitable Gift Fund of The Women's Foundation of Minnesota

Medica Foundation

Minnesota Inclusion Initiative

Mount Sinai Community Foundation, a designated fund of the Jewish Community

Foundation of the Minneapolis Jewish Foundation

The Otto Bremer Trust

Shakopee Mdewakanton Sioux Community

The UCare Foundation

Walser Foundation

WCA Foundation

WEM Foundation

Women's Foundation of Minnesota





**Stay in Touch!**

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**ANNEX  
TEEN CLINIC**